

34 phrases to offer encouragement

- ♥ I know you can
- ♥ Trust your instincts
- ♥ Your ideas are worthwhile
- ♥ You are creative
- ♥ You are capable
- ♥ You are deserving
- ♥ You are strong
- ♥ You can say no
- ♥ Your choices matter
- ♥ You make a difference
- ♥ Your words are powerful
- ♥ Your actions are powerful
- ♥ Your emotions are powerful
- ♥ You can choose your actions
- ♥ You are a good friend
- ♥ You are kind
- ♥ You can change your mind
- ♥ You can ask for help

- ♥ You are learning
- ♥ You are growing
- ♥ Growing is hard work
- ♥ I believe in you
- ♥ You are valuable
- ♥ You are interesting
- ♥ You have say over your body
- ♥ You are important
- ♥ Your ideas matter
- ♥ I see you working and learning every day
- ♥ I am curious to know what you think
- ♥ How did you do that?
- ♥ Your ideas are interesting
- ♥ You've made me think of things in a completely new way
- ♥ I'm excited to see what you do
- ♥ Thanks for helping me